

TRACKING ADVERSITY, MEASURING RESILIENCE:
Development of Early Adversity and Resilience
Population Health Indicators for Ontario
Supplementary Appendix: Prioritized APHEO Indicators
August 2026

LEGEND:

Focus Area 1) Socially Connected, Equitable & Inclusive Communities

Focus Area 2) Social & Emotional Development & Resilience

Focus Area 3) Reproductive Health & Parenting/Caregiving Readiness

Focus Area 4) Responsive & Culturally Safe Parenting/Caregiving

Prevalence of Adverse Childhood Experiences (ACEs)

Child/Youth Outcomes related to Early Adversity & Resilience

Social Determinants of Health

FOCUS AREA(S) & INDICATOR	POPULATION	DATA SOURCE(S)	FOCUS AREA(S) & INDICATOR	POPULATION	DATA SOURCE(S)
Neighbourhood Safe for Outdoor Play	1-17 years	CHSCY 2019/2023	Low Birth Weight Rate	Live Births	BORN or IntelliHealth
Outdoor Play	3-17 years	CHSCY 2019/2023	Domestic/Intimate Partner Violence	Prenatal	BORN
Youth Experienced Any Discrimination	12-17 years	CHSCY 2023	Parent/Caregiver Self-Rated Mental Health	1-17 years	CHSCY 2019/2023
Community Belonging	18+ years	CCHS 2015-2018, 2019-2021, 2022-2024	Parent/Caregiver Self-Rated Life Stress	1-17 years	CHSCY 2019/2023
Has Regular Primary Care Provider	1-17 years	CHSCY 2023	Parent/Caregiver Distress	1-17 years	CHSCY 2023
Core Housing Need	Household	Census	People to Count On	Parents 18+ years	CCHS 2019-2020, 2023-2024
Housing Affordability	Household	Census	Parent-Child Interaction – Laughs with Child	1-11 years	CHSCY 2019/2023
Child & Youth Self-Rated Health	1-17 years	CHSCY 2019/2023	Parent-Child Interaction – Plays with Child	1-11 years	CHSCY 2019/2023
Child Functioning and Disability	1-17 years	CHSCY 2019/2023	Spanking	1-17 years	CHSCY 2023
Youth Social Connections	12-17 years	CHSCY 2023	Supportive Family	1-17 years	CHSCY 2023
Attend Licensed Child Care	1-3 years	CHSCY 2019/2023	Physical Abuse	1-17 years	CHSCY 2023
Attend Before or After School Care	4-11 years	CHSCY 2019/2023	Sexual Abuse	15-17 years	CHSCY 2023
Participated in Sports/Clubs/Groups	3-17 years	CHSCY 2019/2023	Emotional Abuse	1-17 years	CHSCY 2023
Connectedness at School	Grades 7-12	OSDUHS	Physical Neglect	1-17 years	CHSCY 2023
Youth Experienced Any Bullying	12-17 years	CHSCY 2019/2023	Exposure to Physical IPV in Home	1-17 years	CHSCY 2023
Child & Youth Self-Rated Mental Health	1-17 years	CHSCY 2019/2023	Exposure to Emotional IPV in Home	15-17 years	CHSCY 2023
Youth Self-Rated Life Stress	12-17 years	CHSCY 2019/2023	Witnessed Violence Against Sibling	1-14 years	CHSCY 2023
Youth Loneliness	12-17 years	CHSCY 2023	Experienced Separation/Divorce of Parents	1-17 years	CHSCY 2019/2023
Vulnerable on Two or More Domains	SK Students	EDI	Experienced Parent/Caregiver Mental Illness	1-17 years	CHSCY 2019/2023
Vulnerable on Social Competence	SK Students	EDI	Experienced Any ACE (Child/Youth)	1-17 years	CHSCY 2023
Vulnerable on Emotional Maturity	SK Students	EDI	ACE Score (Child/Youth)	1-17 years	CHSCY 2023
Child & Youth Mental Illness Hospitalization Rate	<18 years	DAD, OMHRS	Parent/Caregiver Substance Use	Parents 18+ years	CCHS 2015-2018, 2019-2021, 2022-2024
Child & Youth Mental Illness ED Visit Rate	<18 years	NACRS	Witnessed a Parent Hit Another Adult as a Child (Adults)	25+ years	CCHS 2019
Youth Substance Use (Intensity/Hazardous Use)	12-17 years	OSDUHS	Experienced Physical Abuse as a Child (Adults)	25+ years	CCHS 2019
Prenatal Class Attendance	Prenatal (First Time Parent)	BORN	Experienced Sexual Abuse as a Child (Adults)	25+ years	CCHS 2019
Any Mental Health Concern During Pregnancy	Prenatal	BORN	Experienced Any ACE (Adults)	25+ years	CCHS 2019
Any Alcohol and/or Drug Use During Pregnancy	Prenatal	BORN	ACE Score (Adults)	25+ years	CCHS 2019
Adolescent Pregnancy Rate	15-19 years	IntelliHealth + Others*	Market Basket Measure – Poverty Rate	Census Family	Census
Neonatal Abstinence Syndrome Incidence Rate	Infants <28	DAD	Household Food Insecurity	Household	Canadian Income Survey (PHO Snapshot)

*Live Births & Stillbirths (Vital Statistics, DAD or BORN); Therapeutic Abortion Summary; IC/ES Derived Cohorts (Medical Abortion Data) & Population Estimates

ABBREVIATIONS		
ACEs – Adverse Childhood Experiences	ED – Emergency Department	OSDUHS – Ontario Student Drug Use and Health Survey
BORN – Better Outcomes Registry Network	EDI – Early Development Index	PHO – Public Health Ontario
CCHS – Canadian Community Health Survey	IPV – Intimate Partner Violence	SK – Senior Kindergarten
CHSCY – Canadian Health Survey on Children and Youth	NACRS – National Ambulatory Care Reporting System	
DAD – Discharge Abstract Database	OMHRS – Ontario Mental Health Reporting System	

For more information about the Ontario Early Adversity and Resilience (OEAR) Framework, please visit:
earlyadversityandresilience.ca

For more information about the APHEO Ontario Early Adversity and Resilience (OEAR) Indicators, including the process used to identify, prioritize and define these indicators, as well as identified data limitations, secondary indicators and data gaps, please visit the full report:

Tracking Adversity, Measuring Resilience: Development of Early Adversity and Resilience Population Health Indicators for Ontario

These indicators are maintained by the Association of Public Health Epidemiologists in Ontario (APHEO) in collaboration with the Adverse Childhood Experience and Resilience Community of Practice.

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