

TRACKING ADVERSITY, MEASURING RESILIENCE:

Development of Early Adversity and Resilience Population Health Indicators for Ontario

Supplementary Appendix: Prioritized APHEO Indicators

AUGUST 2026

LEGEND:

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| <ol style="list-style-type: none"> 1. Focus Area 1) Socially Connected, Equitable & Inclusive Communities 2. Focus Area 2) Social & Emotional Development & Resilience 3. Focus Area 3) Reproductive Health & Parenting/Caregiving Readiness 4. Focus Area 4) Responsive & Culturally Safe Parenting/Caregiving | <ol style="list-style-type: none"> 5. Prevalence of Adverse Childhood Experiences (ACEs) 6. Child/Youth Outcomes related to Early Adversity & Resilience 7. Social Determinants of Health |
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FOCUS AREA(S)	INDICATOR	POPULATION	DATA SOURCE(S)
1.	Neighborhood Safe for Outdoor Play	1-17 years	CHSCY 2019/2023
1.	Outdoor Play	3-17 years	CHSCY 2019/2023
1.	Youth Experienced Any Discrimination	12-17 years	CHSCY 2023
1.	Community Belonging	18+ years	CCHS 2015-2018, 2019-2021, 2022-2024
1.	Has Regular Primary Care Provider	1-17 years	CHSCY 2023
1, 7.	Core Housing Need	Household	Census
1, 7.	Housing Affordability	Household	Census
6, 2.	Child & Youth Self-Rated Health	1-17 years	CHSCY 2019/2023
2.	Child Functioning and Disability	1-17 years	CHSCY 2019/2023
2.	Youth Social Connections	12-17 years	CHSCY 2023
2.	Attend Licensed Child Care	1-3 years	CHSCY 2019/2023
2.	Attend Before or After School Care	4-11 years	CHSCY 2019/2023
2.	Participated in Sports/Clubs/Groups	3-17 years	CHSCY 2019/2023
2.	Connectedness at School	Grades 7-12	OSDUHS
2.	Youth Experienced Any Bullying	12-17 years	CHSCY 2019/2023
6, 2.	Child & Youth Self-Rated Mental Health	1-17 years	CHSCY 2019/2023
2, 6.	Youth Self-Rated Life Stress	12-17 years	CHSCY 2019/2023
6, 2.	Youth Loneliness	12-17 years	CHSCY 2023
6, 7.	Vulnerable on Two or More Domains	SK Students	EDI
2, 6.	Vulnerable on Social Competence	SK Students	EDI
2, 6.	Vulnerable on Emotional Maturity	SK Students	EDI
6, 2.	Child & Youth Mental Illness Hospitalization Rate	<18 years	DAD, OMHRS
6, 2.	Child & Youth Mental Illness ED Visit Rate	<18 years	NACRS
6, 2.	Youth Substance Use (Intensity/Hazardous Use)	12-17 years	OSDUHS
3.	Prenatal Class Attendance	Prenatal (First Time Parent)	BORN
3.	Any Mental Health Concern During Pregnancy	Prenatal	BORN
3.	Any Alcohol and/or Drug Use During Pregnancy	Prenatal	BORN
3.	Adolescent Pregnancy Rate	15-19 years	IntelliHealth + Others*

* Live Births & Stillbirths (Vital Statistics, DAD or BORN); Therapeutic Abortion Summary; IC/ES Derived Cohorts (Medical Abortion Data) & Population Estimates

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FOCUS AREA(S)	INDICATOR	POPULATION	DATA SOURCE(S)
6, 3, 4.	Neonatal Abstinence Syndrome Incidence Rate	Infants <28	DAD
6, 3.	Low Birth Weight Rate	Live Births	BORN or IntelliHealth
3, 5.	Domestic/Intimate Partner Violence	Prenatal	BORN
4, 5.	Parent/Caregiver Self-Rated Mental Health	1-17 years	CHSCY 2019/2023
4.	Parent/Caregiver Self-Rated Life Stress	1-17 years	CHSCY 2019/2023
5, 4.	Parent/Caregiver Distress	1-17 years	CHSCY 2023
4.	People to Count On	Parents 18+ years	CCHS 2019-2020, 2023-2024
4.	Parent-Child Interaction – Laughs with Child	1-11 years	CHSCY 2019/2023
4.	Parent-Child Interaction – Plays with Child	1-11 years	CHSCY 2019/2023
4.	Spanking	1-17 years	CHSCY 2023
4.	Supportive Family	1-17 years	CHSCY 2023
5.	Physical Abuse	1-17 years	CHSCY 2023
5.	Sexual Abuse	15-17 years	CHSCY 2023
5.	Emotional Abuse	1-17 years	CHSCY 2023
5.	Physical Neglect	1-17 years	CHSCY 2023
5, 4.	Exposure to Physical IPV in Home	1-17 years	CHSCY 2023
5, 4.	Exposure to Emotional IPV in Home	15-17 years	CHSCY 2023
5, 4.	Witnessed Violence Against Sibling	1-14 years	CHSCY 2023
5, 4.	Experienced Separation/Divorce of Parents	1-17 years	CHSCY 2019/2023
5, 4.	Experienced Parent/Caregiver Mental Illness	1-17 years	CHSCY 2019/2023
5, 4.	Experienced Any ACE (Child/Youth)	1-17 years	CHSCY 2023
5, 4.	ACE Score (Child/Youth)	1-17 years	CHSCY 2023
5, 4.	Parent/Caregiver Substance Use	Parents 18+ years	CCHS 2015-2018, 2019-2021, 2022-2024
5.	Witnessed a Parent Hit Another Adult as a Child (Adults)	25+ years	CCHS 2019
5.	Experienced Physical Abuse as a Child (Adults)	25+ years	CCHS 2019
5.	Experienced Sexual Abuse as a Child (Adults)	25+ years	CCHS 2019
5.	Experienced Any ACE (Adults)	25+ years	CCHS 2019
5.	ACE Score (Adults)	25+ years	CCHS 2019
5, 7.	Market Basket Measure – Poverty Rate	Census Family	Census
5, 7.	Household Food Insecurity	Household	Canadian Income Survey (PHO Snapshot)

ABBREVIATIONS

ACEs – Adverse Childhood Experiences

BORN – Better Outcomes Registry Network

CCHS – Canadian Community Health Survey

CHSCY – Canadian Health Survey on Children and Youth

DAD – Discharge Abstract Database

ED – Emergency Department

EDI – Early Development Index

IPV – Intimate Partner Violence

NACRS – National Ambulatory Care Reporting System

OMHRS – Ontario Mental Health Reporting System

OSDUHS – Ontario Student Drug Use and Health Survey

PHO – Public Health Ontario

SK – Senior Kindergarten

For more information about the Ontario Early Adversity and Resilience (OEAR) Framework, please visit:

earlyadversityandresilience.ca

For more information about the APHEO Ontario Early Adversity and Resilience (OEAR) Indicators,

including the process used to identify, prioritize and define these indicators, as well as identified data limitations, secondary indicators and data gaps, please visit the full report:

Tracking Adversity, Measuring Resilience: **Development of Early Adversity and Resilience** **Population Health Indicators for Ontario**

These indicators are maintained by the Association of Public Health Epidemiologists in Ontario (APHEO) in collaboration with the Adverse Childhood Experience and Resilience Community of Practice.

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